

## The Mental Health & Wellbeing of Young People, Gold Coast Friday 10 March 2017

Princeton Room, Bond University

## **STUDENT PROGRAM**

Chairperson: TBA

Time	Speaker	Topic	Duration
9:00 AM	Chairperson	Open	0:10
9:10 AM	Dr Michael Nagel	What's Happening to My Brain?	0:45
9:55 AM	Q&A		0:10
10:05 AM	Further Announcements		0:05
10:10 AM	Melissa Abu-Gazaleh	Understanding and Managing Anger, Aggression and Challenging Emotions	0:45
10:55 AM	Q&A		0:10
11:05 AM	Further Announcements		0:05
11:10 AM – 11:35 AM Morning Tea (25 mins)			
11:35 AM	Brett Lee	Online Rights and Responsibilities	0:45
12:20 PM	Q&A		0:10
12:30 PM	Further Announcements		0:05
12:35 PM – 1:00 PM Lunch (25 mins)			
		Stress Management: Coping with School and Study	
1:00 PM	Andrew Fuller	Stress	0:45
1:45 PM	Q&A		0:10
1:55 PM	Further Announcements 0:05		0:05
2:00 PM	Chairperson	Close	-

This schedule is correct at the time of printing but subject to change without notice