



*Generation Next presents*

## **The Mental Health & Wellbeing of Young People, Brisbane**

**Friday 17 May 2013**

C Block Auditorium, Southbank Institute of Technology, Ernest Street, Southbank, Brisbane

**9:00am-5:00pm**

### **Registration Information**

The registration desk will be located in the foyer, outside the entry doors to the C Block Auditorium. Please wear your delegate tag so that it is visible for express entry. With your delegate tag on, you will be able to collect your delegate satchel at the entrance to outside the entry doors to the C Block Auditorium and proceed inside. Should you lose, forget or not receive your delegate tag, you can collect a replacement at the registration desk. You may have to queue for a replacement so it is in your best interest to remember to bring it as queuing at the registration desk may cause you to miss some of the program.

### **Getting to the Venue**

Southbank Institute of Technology is located 66 Ernest Street, South Brisbane. Please see map on the next page for venue location and parking.

#### **By Car**

There is on-street parking in and around the campus which is patrolled by the Brisbane City Council. There are several commercial parking facilities within walking distance, including on at South Bank Parklands two blocks away.

#### **By Public Transport**

For bus, train and ferry timetables visit [www.translink.com.au](http://www.translink.com.au)

**Taxis:** 131 008. The closest taxi rank is in Grey Street

### **Attendance Certificate & Professional Development Points**

#### **Teachers**

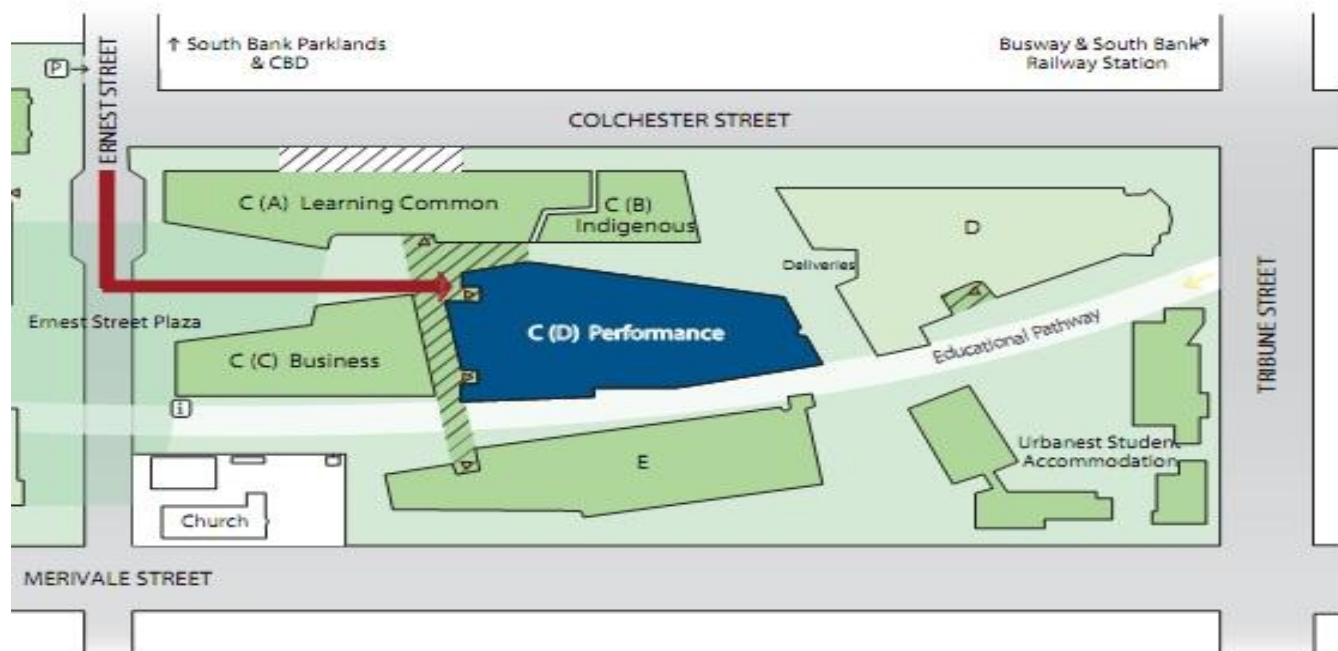
- Your attendance certificate will be emailed to you after the seminar; you do not need to sign in on the day of the seminar.

#### **RCNA**

- 6.5 CNE points
- RNs forward attendance certificate to Nurses Association for point allocation
- Attendance certificates will be emailed out after the seminar, please remember to sign the attendance sheet on the day of the seminar

**If you have any point queries on the day, please speak to Generation Next Staff at the Registration Desk.**

## Map



## Program

Time	Speaker	Topic	Duration
9:00am	Dr Ramesh Manocha	Open	10
9:10am	Maggie Hamilton	The Corporate Takeover of Childhood	35
9:45am	Dr Glenn Cupit	Healthy Media Consumption – Practical Strategies	35
10:20am	<b>Get Ya Head Right 2012 Film Competition Winner</b>		5
10:25am	Susan McLean	Staying Safe on Facebook in Australia	35
<b>11:00am</b>	<b>Morning tea (30 mins)</b>		
11:30am	Det Sgt Stuart Butler	Protecting Children Against Online Predators	30
12:00pm	Clarissa Tamblyn	New Cyber-safety Resources from Australian Communications and Media Authority (ACMA)	10
12:10pm	Tim Orgias and InRhythm	Drumming and Percussion for Wellbeing	10
12:20pm	A/Prof Michael Nagel	Stress and the Brain	40
1:00pm	Robert Hutcheon	Meditation – Hands On	15
<b>1:15pm</b>	<b>Lunch (40 mins)</b> <b>Optional Drumming Workshop with InRhythm at 1:35pm (20 mins)</b>		
1:55pm	Michael Hardie	Whole School Approaches to Resilience and Mental Health	35
2:30pm	Kerry Stirling	Good Grief	10
2:40pm	Andrew Fuller	High Impact Conversations with Young People – Creating a Lot of Change in a Short Period of Time	35
3:15pm	Tim Orgias and InRhythm	Drumming – Hand Percussion	5
<b>3:20pm</b>	<b>Afternoon tea (25 mins)</b>		
3:45pm	Prof Debra Rickwood	Helping Young People in a Mental Health Crisis	35
4:20pm	Mark Le Messurier	Dyslexia, Behavioural Problems and Depression	40
5:00pm	Dr Ramesh Manocha	Close	

*(This schedule is correct at the time of printing but subject to change without notice)*