



Generation Next presents

The Mental Health & Wellbeing of Young People, Canberra

Friday 14 June 2013

The Playhouse, Canberra Theatre Centre

9:00am – 5:00pm

Registration Information

The registration desk will be located in the foyer, outside The Playhouse Theatre.

Please wear your delegate tag so that it is visible for express entry. With your delegate tag on, you will be able to collect your delegate satchel at the entrance to The Playhouse and proceed inside. Should you lose, forget or not receive your delegate tag, you can collect a replacement at the registration desk. You may have to queue for a replacement so it is in your best interest to remember to bring it as queuing at the registration desk may cause you to miss some of the program.

Getting to the Venue

Canberra Theatre Centre is located Civic Square, London Circuit, Canberra. Please see map on the next page for venue location and parking.

By Car

Parking is available on either side of the Canberra Theatre Centre. Parking for The Playhouse is best accessed via London Circuit behind Canberra Museum & Gallery. Please bring change as this is paid parking between 9am – 9pm (on Friday).

By Public Transport

For bus, train and ferry timetables visit www.action.act.gov.au

Taxis: 132 227 / 133 100 / 131 008

Attendance Certificate & Professional Development Points

RCNA

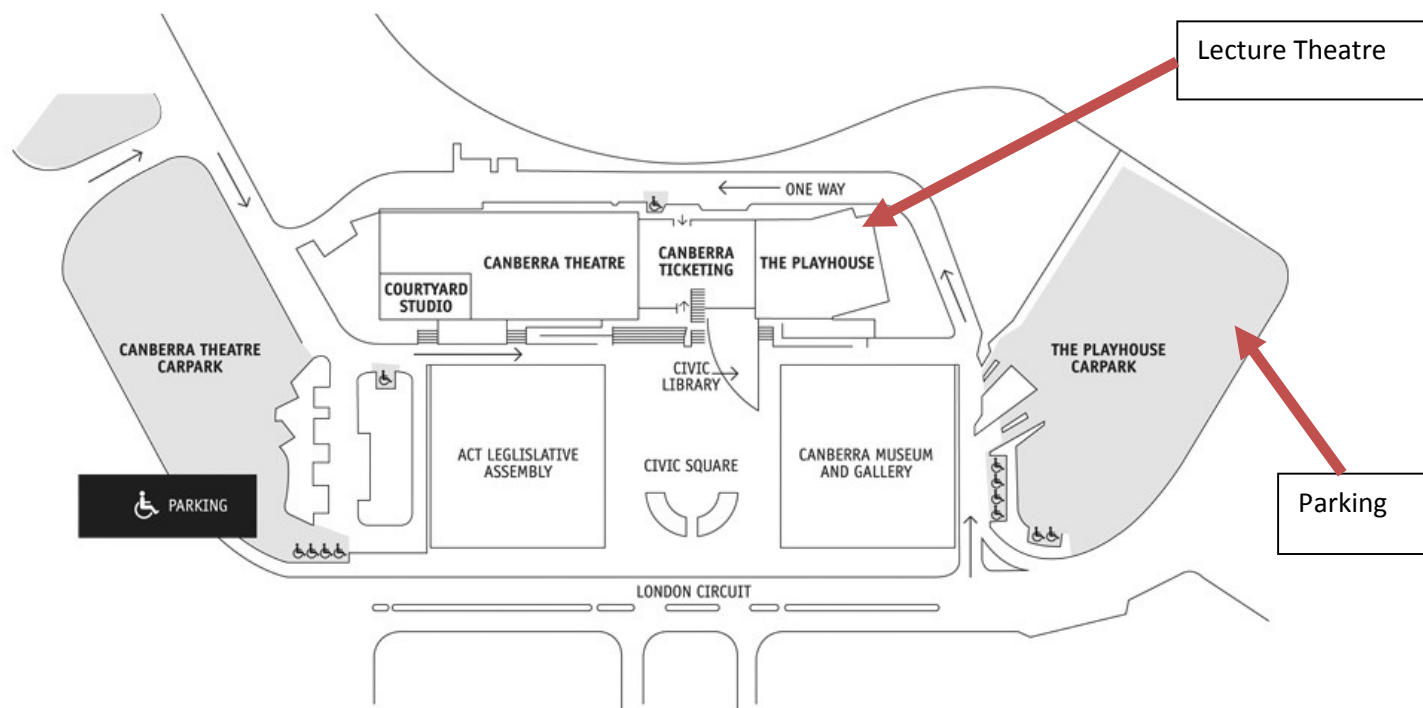
- 6.5 CNE points
- RNs forward attendance certificate to Nurses Association for point allocation
- Attendance certificates will be emailed out after the seminar, please remember to sign the attendance sheet on the day of the seminar

Other Delegates

Your attendance certificate will be emailed to you after the seminar; you do not need to sign in on the day of the seminar

If you have any point queries on the day, please speak to Generation Next Staff at the Registration Desk.

Map / Parking Locations



Program

Time	Speaker	Topic	Duration
9:00am	Dr Ramesh Manocha	Open	10
9:10am	Maggie Hamilton	The Corporate Takeover of Childhood	35
9:45am	Paul Dillon	Drugs, Alcohol and Young People – Current Trends and Issues	35
10:20am	Tim Orgias and InRhythm	Drumming and Percussion for Wellbeing	10
10:30am	Steve Biddulph	The War on Girls	50
11:20am	Morning tea (30 mins)		
11:50am	Prof Debra Rickwood	Helping Young People in a Mental Health Crisis	35
12:25pm	Kerry Stirling	Good Grief	10
12:35pm	Get Ya Head Right 2012 Film Competition Winner		5
12:40pm	Andrew Fuller	High Impact Conversations with Young People – Creating a Lot of Change in a Short Period of Time	35
1:15pm	Dr Ramesh Manocha	Meditation – Hands On	15
1:30pm	Lunch (40 mins) Optional Drumming Workshop with InRhythm at 1:50pm (20 mins)		
2:10pm	Ruth Knight	Four Ways to Help Girls Flourish	30
2:40pm	Narelle Wickham	Energiser Session by KidsMatter/MindMatters	10
2:50pm	Dan Haesler	Great Expectations	30
3:20pm	Tim Orgias and InRhythm	Drumming and Percussion for Wellbeing	5
3:25pm	Afternoon tea (25 mins)		
3:50pm	A/Prof Jane Burns	Resilience Resources Online	35
4:25pm	Susan McLean	Staying Safe on Facebook in Australia	35
5:00pm	Dr Ramesh Manocha	Close	

(This schedule is correct at the time of printing but subject to change without notice)

Ph: 1300 797 794 Fax: 1300 797 792

Email: info@generationnext.com.au Website: www.generationnext.com.au

Contacts (Seminar day only): 0467 025 546 or 0488 276 422