

The Mental Health & Wellbeing of Young People, Melbourne

Friday 11 May 2012

Main Concourse Building, Caulfield Racecourse, Station Street, Caulfield

9.00am – 5.00pm

Express Entry on Seminar Day

Please wear delegate tag so that it is visible for express entry. With your delegate tag on, you will be able to collect your delegate satchel and enter the lecture theatre. Should you lose, forget or not receive your delegate tag, you can collect a replacement at the registration desk. You may have to queue for a replacement so it is in your best interest to remember to bring it as queuing at the registration desk may cause you to miss some of the program.

Attendance Certificate & Professional Development Points

Attendance certificates will be emailed out to all attendees. Teachers do not need to sign in on the day.

Please note the following professionals will need to sign on the day to receive their points: Psychologists & Nurses.

APS - *Please ensure you sign the correct sheet.*

- 6 Generalist PD pts
- Specialist points have been applied for
- Psychologists will need to submit points with the Australian Psychological Society
- Attendance certificates will be emailed out after one week of the seminar

RCN - *Please ensure you sign the correct sheet.*

- 7 CNE pts
- RNs forward attendance certificate to Nurses Association for point allocation
- Attendance certificates will be emailed out after one week of the seminar

Getting to the Venue - Please see map following for further details.

Parking: Free parking is available if you enter the Caulfield Racecourse via Station Street – Gate 2

Or Members Car Park No 1 (off Smith Street) then enter the venue on foot via Gate 22. (See map for details)

Train: Cross Normanby Road at the lights & follow the Racecourse, along Station Street. Enter the course through Gate 2

Tram: Take the No.3 Tram from the City along Swanston Street & get off at Stop 56. The journey from the CBD takes approximately 25 minutes. Walk along Smith Street, cross over Station Street, turn right & enter the Racecourse through Gate 2. For a full timetable or more information contact 1800 800 007 or <http://ptv.vic.gov.au/>

Taxi: 132 227 - Direct the taxi to stop at the Gate 2 Entrance on Station Street

For more transport information <http://www.melbournerracingclub.net.au/the-races/caulfield/about/getting-there>

Program

Speaker	Topic
Dr Ramesh Manocha	About Mental Health & Wellbeing of Young People
A/Prof Michael Nagel	Re-understanding the Developing Brain
Susan McLean	Cyberbullying - Practical Strategies
Chris Tanti	New headspace Initiatives
Dr Rick Kausman	If Not Dieting, Then What?
Morning Tea	
Melinda Tankard Reist	Porn & its Impact on Young People
Steve Biddulph	The Mental Health of Girls
Lunch	
Paul Dillon	Drugs and Alcohol Update 2012
Dr Ramesh Manocha	Meditation in the Classroom - Primary Prevention
Sue Nickson/ Lene Jeffrey	Meditation –Practical Demonstration
Afternoon Tea	
Dr John Irvine	Dealing with dysfunctional families & dis-engaged parents
Andrew Fuller	Suicide & Self Harm
Dr Ramesh Manocha	Close

This schedule was correct at the time of printing and is subject to change without notice.