



*Generation Next presents*

## **The Mental Health & Wellbeing of Young People, Melbourne**

**Friday 10 May 2013**

Greater Union Cinemas, Melbourne City

**9:00am-5:00pm**

### **Registration Information**

The registration desk will be located in the foyer, inside Greater Union Cinemas.

Please wear your delegate tag so that it is visible for express entry. With your delegate tag on, you will be able to collect your delegate satchel at the entrance to Cinemas Foyer and proceed inside. Should you lose, forget or not receive your delegate tag, you can collect a replacement at the registration desk. You may have to queue for a replacement so it is in your best interest to remember to bring it as queuing at the registration desk may cause you to miss some of the program.

### **Getting to the Venue**

Greater Union Cinema is located 131 Russell Street, Melbourne. Please see map on the next page for venue location and parking.

#### **By Car**

Parking is available at the Cinemas. Entrance is off Russell Street.

#### **By Public Transport**

For bus, train and ferry timetables visit [www.metlinkmelbourne.com.au](http://www.metlinkmelbourne.com.au)

**Taxis:** SilverTop Taxi 131 008

### **Attendance Certificate & Professional Development Points**

#### **Teachers and Psychologists**

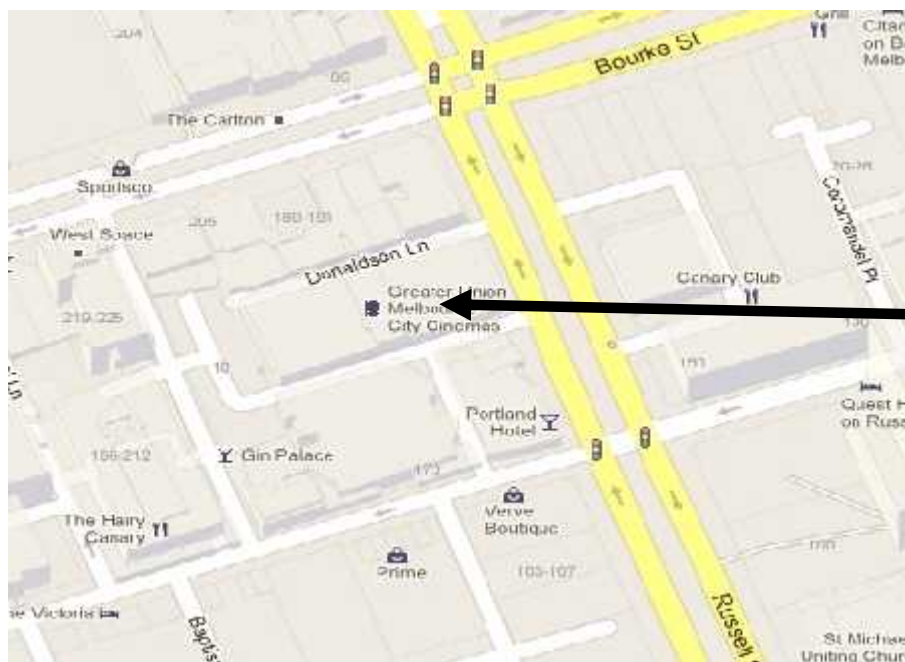
- Your attendance certificate will be emailed to you after the seminar; you **do not** need to sign in on the day of the seminar.

#### **RCNA**

- 6.5 CNE points
- RNs forward attendance certificate to Nurses Association for point allocation
- Attendance certificates will be emailed out after the seminar, please remember to sign the attendance sheet on the day of the seminar

**If you have any point queries on the day, please speak to Generation Next Staff at the Registration Desk.**

## Map / Parking Locations



Parking is available in the  
Greater Union Cinemas  
Off Russell Street

## Program

Time	Speaker	Topic	Duration
9:00am	Dr Ramesh Manocha	Open	10
9:10am	Maggie Hamilton	The Corporate Takeover of Childhood	35
9:45am	<b>Get Ya Head Right 2012 Film Competition Winner</b>		5
9:50am	A/Prof Jane Burns	Resilience Resources Online	35
10:25am	Kerry Stirling	Good Grief	10
10:35am	Paul Dillon	Drugs, Alcohol and Young People – Current Trends and Issues	35
<b>11:10am</b>	<b>Morning tea (30 mins)</b>		
11:40am	Prof Debra Rickwood	Helping Young People in a Mental Health Crisis	35
12:15pm	Tim Orgias and InRhythm	Drumming – Hand Percussion	5
12:20pm	A/Prof Michael Nagel	Stress and the Brain	40
1:00pm	Robert Hutcheon	Meditation – Hands On	15
<b>1:15pm</b>	<b>Lunch (40 mins)</b> <b>Optional Drumming Workshop with InRhythm at 1:35pm (20 mins)</b>		
1:55pm	Jill Pearman	Whole School Approaches to Resilience and Mental Health	35
2:30pm	Tim Orgias and InRhythm	Drumming and Percussion for Wellbeing	10
2:40pm	Susan McLean	Staying Safe on Facebook in Australia	35
<b>3:15pm</b>	<b>Afternoon tea (25 mins)</b>		
3:40pm	Andrew Fuller	High Impact Conversations with Young People – Creating a Lot of Change in a Short Period of Time	35
4:15pm	Mark Le Messurier	Dyslexia, Behavioural Problems and Depression	40
5:00pm	Dr Ramesh Manocha	Close	

*(This schedule is correct at the time of printing but subject to change without notice)*

Ph: 1300 797 794 Fax: 1300 797 792

Email: [info@generationnext.com.au](mailto:info@generationnext.com.au) Website: [www.generationnext.com.au](http://www.generationnext.com.au)

**Only seminar day contacts: 0467 025 546 or 0488 276 422**