

# THE WAR ON GIRLS



## Four things the media teaches our daughters....

1. Your  are the most important thing about you

2. Your  is never good enough.

3.  is something you exchange for love and affection, & sometimes power.

4. Its fine and normal to  with people you don't know, or particularly like.

1. Your LOOKS are the most important thing about you

2. Your is never good enough.

3. is something you exchange for love and belonging, & sometimes power.

4. Its fine and normal to with people you don't know, or particularly like.

1. Your LOOKS are the most important thing about you

2. Your BODY is never good enough.

3. is something you exchange for love and belonging, & sometimes power.

4. Its fine and normal to with people you don't know, or particularly like.

1. Your LOOKS are the most important thing about you

2. Your BODY is never good enough.

3. SEX is something you exchange for love and affection, & sometimes power.

4. Its fine and normal to with people you don't know, or particularly like.

1. Your LOOKS are the most important thing about you

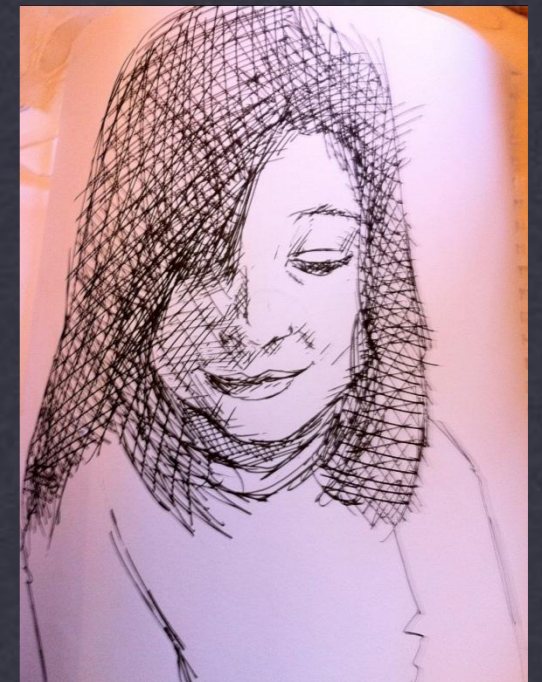
2. Your BODY is never good enough.

3. SEX is something you exchange for love and affection, & sometimes power

4. Its fine and normal to HAVE SEX with people you don't know, or particularly like.

## Four things the media teaches our daughters....

1. Your LOOKS are the most important thing about you
2. Your BODY is never good enough.
3. SEX is something you exchange for love and affection, & sometimes power
4. Its fine and normal to HAVE SEX with people you don't know, or particularly like.



DO YOU AGREE WITH ANY OF THESE ?

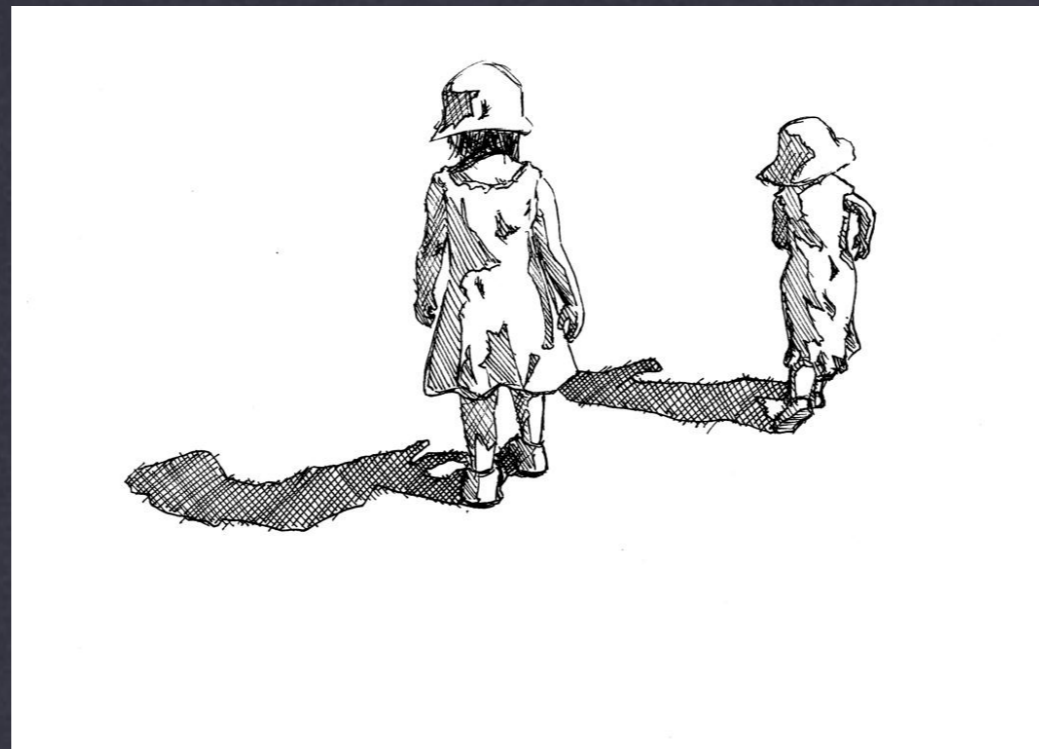
## 0 - 2 AM I LOVED AND SECURE?





0 - 2 AM I LOVED AND SECURE?

2 - 5 CAN I EXPLORE THE WORLD ?



0 - 2 AM I LOVED AND SECURE?

2 - 5 CAN I EXPLORE THE WORLD ?

5 - 10 GETTING ALONG WITH PEOPLE



0 - 2 AM I LOVED AND  
SECURE?

2 - 5 CAN I EXPLORE THE  
WORLD ?

5 - 10 GETTING ALONG WITH  
PEOPLE

10 - 14 FINDING HER SOUL



0 - 2 AM I LOVED AND  
SECURE?

2 - 5 CAN I EXPLORE THE  
WORLD ?

5 - 10 GETTING ALONG WITH  
PEOPLE

10 - 14 FINDING HER SOUL

14-18 GETTING READY FOR  
ADULTHOOD







Steve Biddulph's *Raising Boys* is a worldwide bestseller that has helped millions of parents to understand their sons. But today it is girls who are in trouble, in a world that seems bent on poisoning their confidence and trashing their lives.

Girls need to be strong, and in this warm-hearted book Steve brings together the best thinking from around the world on how to raise daughters who know they are loved, and can stand up for themselves and others.

You'll learn about the five stages of girlhood, and how to help your daughter grow deeper, wiser and stronger at every age from babyhood to womanhood, building her confidence, encouraging her friendships, and equipping her to learn and believe in herself.

All the issues are tackled – bullying, eating disorders, body image, depression, alcohol, managing social media, and relating happily to boys.

With unforgettable stories of real girls winning through, *Raising Girls* is like its author – fierce and tender; loving, but deeply concerned. The book is both a detailed guidebook and a passionate call-to-arms.

**'Biddulph is electrifying!'** *Telegraph*

**'For me, Steve Biddulph is the man!'** Libby Purves, *The Times*



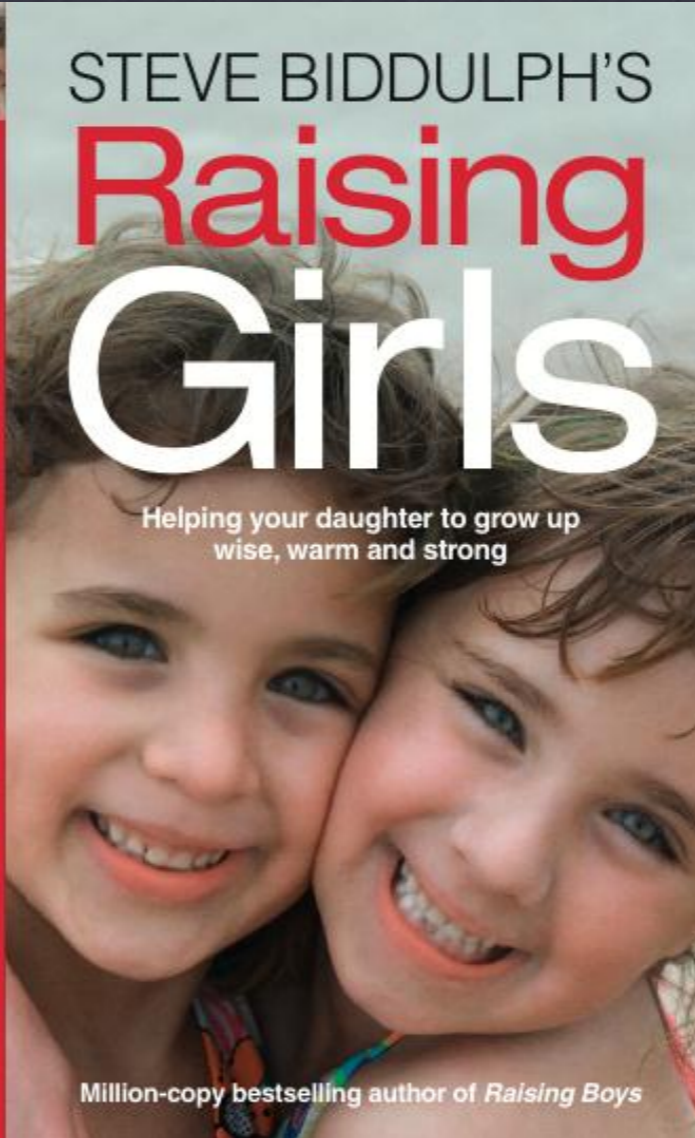
© Steve Biddulph 2014. All rights reserved. This book is a trademark of HaperCollin Publishers. ISBN 978-0-00-733664-9

STEVE BIDDULPH'S  
**Raising Girls**  
HaperCollin

STEVE BIDDULPH'S

# Raising Girls

Helping your daughter to grow up  
wise, warm and strong



Million-copy bestselling author of *Raising Boys*