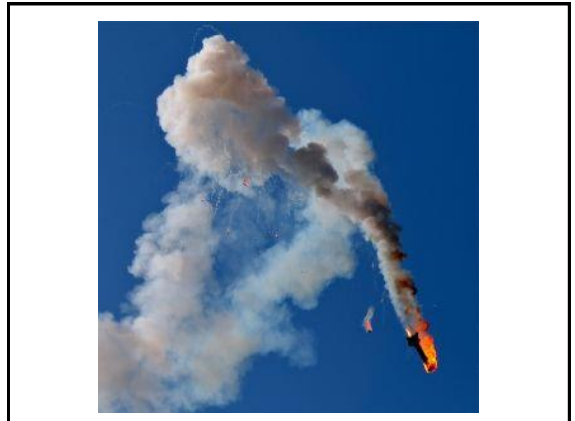


# MENTAL HEALTH, ABSENT FATHERS AND RITES OF PASSAGE

**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men



# WHY YOUNG PEOPLE ACT OUT

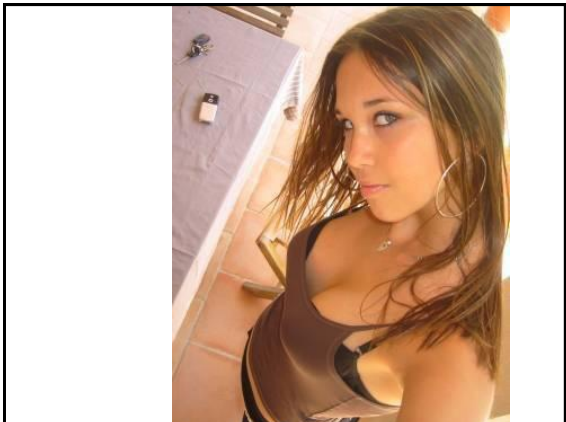
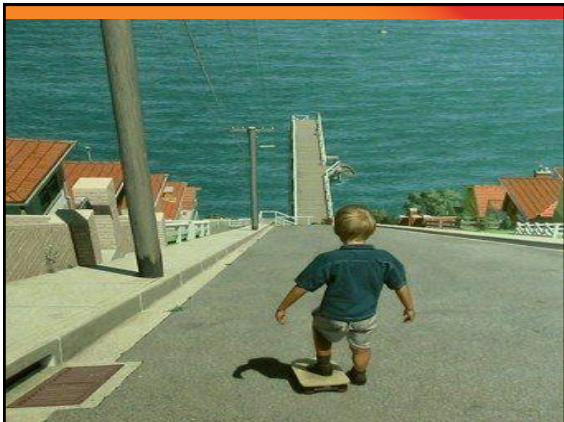
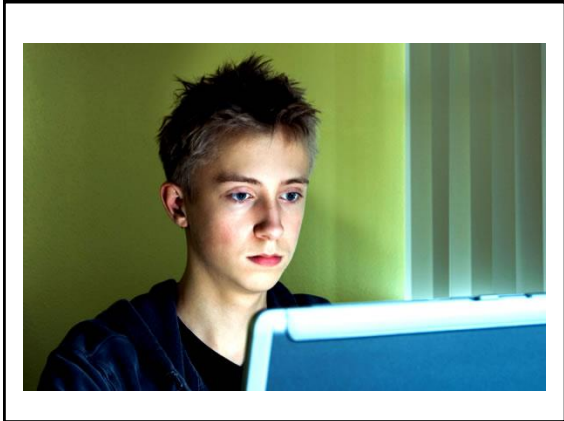
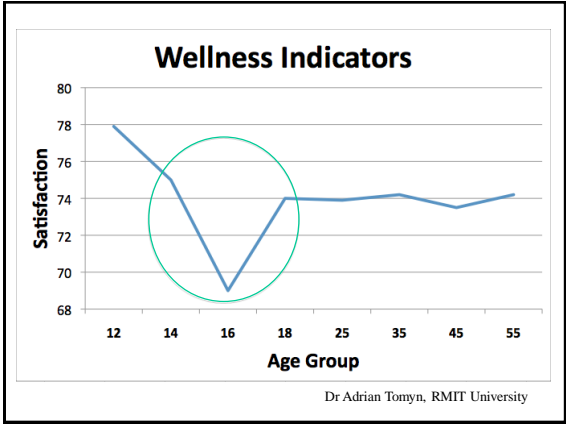
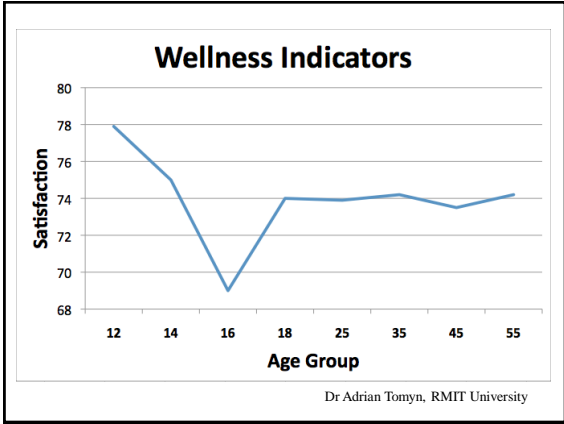
**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men



# THE ENVIRONMENT

**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men





# THE CRITICAL SHIFT FROM CHILD TO YOUNG ADULT

**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men

<b>Boy/Girl behaviour</b>	

<b>Boy/Girl behaviour</b>	<b>Man/Woman behaviour</b>

<b>Boy/Girl behaviour</b>	<b>Man/Woman behaviour</b>
Centre of universe	

<b>Boy/Girl behaviour</b>	<b>Man/Woman behaviour</b>
Centre of universe	Part of the universe

<b>Boy/Girl behaviour</b>	<b>Man/Woman behaviour</b>
Centre of universe	Part of the universe
No responsibility	

Boy/Girl behaviour	Man/Woman behaviour
Centre of universe	Part of the universe
No responsibility	Responsible for actions

Boy/Girl behaviour	Man/Woman behaviour
Centre of universe	Part of the universe
No responsibility	Responsible for actions
Wants a mother or father	

Boy/Girl behaviour	Man/Woman behaviour
Centre of universe	Part of the universe
No responsibility	Responsible for actions
Wants a mother or father	Wants a relationship

**A  
TEENAGER  
IS NOT JUST  
A BIG KID**

**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men  
⊕

**ABSENT  
FATHERS**

**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men  
⊕





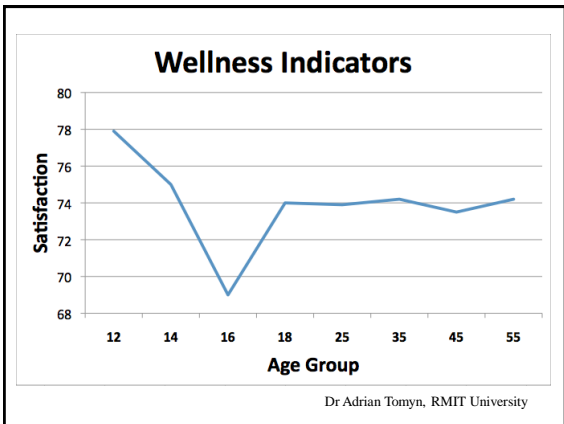
# MOTHERS

**DR ARNE RUBINSTEIN**  
bringing out the best in young men



# S MOTHER

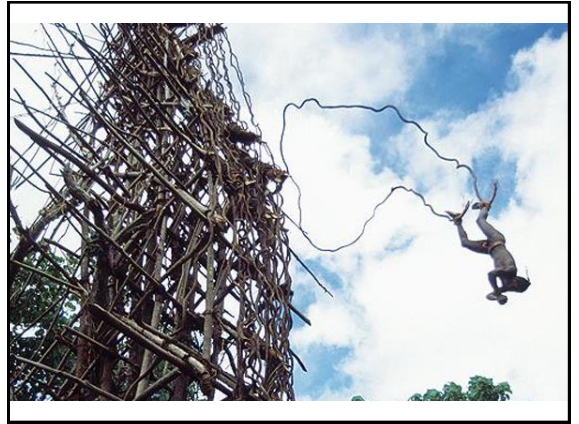
**DR ARNE RUBINSTEIN**  
bringing out the best in young men



# COMING OF AGE RITE OF PASSAGE CEREMONY

**DR ARNE RUBINSTEIN**  
bringing out the best in young men







**WHY?**

**DR ARNE**  
RUBINSTEIN  
bringing out the best in young men

**CHILD TO ADULT  
BEHAVIOUR**

**DR ARNE**  
RUBINSTEIN  
bringing out the best in young men

**TO BRING OUT  
THE GIFTS  
EVERY YOUNG  
PERSON HAS TO  
OFFER**

**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men



**HOW  
?**

**DR ARNE  
RUBINSTEIN**  
bringing out the best in young men



# STORY

**DR ARNE**  
**RUBINSTEIN**  
bringing out the best in young men

# CHALLENGE

**DR ARNE**  
**RUBINSTEIN**  
bringing out the best in young men

# HONOURING

**DR ARNE**  
**RUBINSTEIN**  
bringing out the best in young men

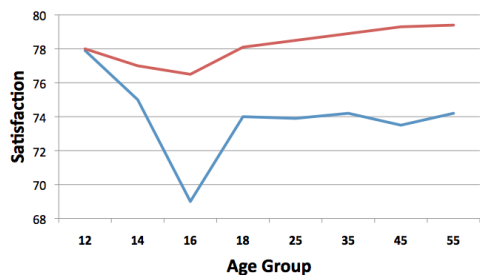
# GIFTS & TALENTS

# GENIUS

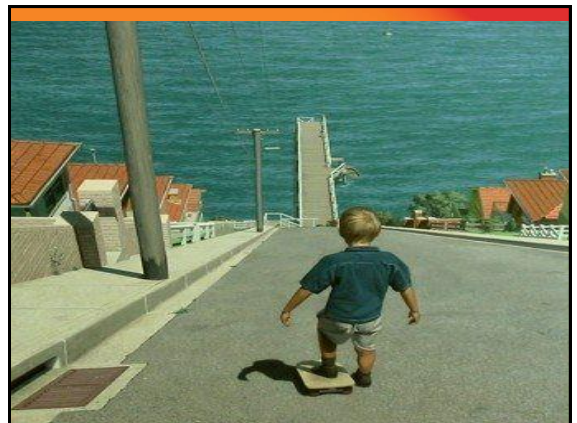
# SPIRIT

**DR ARNE**  
**RUBINSTEIN**  
bringing out the best in young men

**Wellness Indicators**



Dr Adrian Tomyn, RMIT University





**What you can specifically do in your family, school or workplace:**

- **Find something to do together one on one with no other distractions**
- **Create time to share a story about when you were the same age**
- **Set up a way to honour someone for their individual and unique gifts and talents, their genius and spirit**

**DR ARNE**  
**RUBINSTEIN**  
bringing out the best in young men  




**Thank you!**



**E: [info@doctorarne.com](mailto:info@doctorarne.com)**

**W: [www.doctorarne.com](http://www.doctorarne.com)**

**DR ARNE**  
**RUBINSTEIN**  
bringing out the best in young men  
