

STUDENT WELLBEING PROGRAM WEBCAST

LIVE | INTERACTIVE | FREE

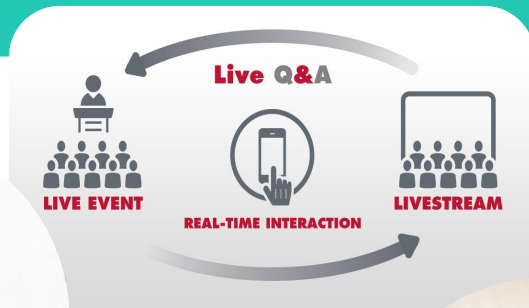
Generation Next is once again offering a broad-based and FREE student wellbeing program via an interactive live webcast to build resilience in youth at an individual and whole-school level. Schools have the opportunity to participate in 8 sessions presented by expert speakers.

Dr Gill Hicks MBE

Founder of not-for-profit M.A.D for Peace,
Survivor of the London Terrorist Bombings
July 7, 2005, Motivational Speaker, Author



The Generation Next Student Wellbeing Program equips students with the skills and understanding to help maintain good mental health; empowers them to become leaders and advocates for mental wellbeing within their peer groups, families, schools and the wider community.



Turkan Aksoy City of Canterbury Bankstown
Cultural & Inclusion Officer



Brett Lee Founder iNESS,
Former Police Officer



Jonny Shannon
Tech entrepreneur &
School Motivational
Speaker



Sarah Alderton
Founder & Lead Educator, The Selfie Project



Matt X
Preventing Violent
Extremism Consultant



Andrew
Fuller
Child & Adolescent Clinical Psychologist

Time* (AEDT)	PROGRAM A: Friday Mar 8, 2019 (International Women's Day)	PROGRAM B: Friday March 15, 2019 (National Day of Action Against Bullying & Violence)	Duration
9:00	Chairperson - Andrew Fuller	Chairperson - Andrew Fuller	0:10
9:10	You Are More Than Your Selfie Developing a strong sense of self - Sarah Alderton	Power of Communication The importance of social skills and positive emotions - Jonny Shannon	0:45
9:55	Q&A and further announcements		0:15
10:10	Reaching Your Potential Planning for your future and achieving your goals - Turkan Aksoy	Choosing Not to Hate Understanding perspectives and adjusting negative attitudes - Matt X	0:45
10:55	Q&A and further announcements		0:15
11:35	Overcoming Adversity Building resilience and a positive mindset - Dr Gill Hicks MBE	Are You Being Groomed? Strategies for staying safe in a digital world - Brett Lee	0:45
12:20	Q&A and further announcements		0:15
13:00	Healthy Relationships Exploring respectful and positive interactions - Isabel Fox	What's the Worst That Can Happen? Overcoming fear and obstacles to achieve your goals - Dr Gill Hicks MBE	0:45
13:45	Q&A and further announcements		0:15

**Please note this schedule is subject to change without notice*

Participating in this event helped me see where my fellow peers sit in terms of different things that impact us in our teenage lives. Seeing the amount of people across the country who are thinking about the same things I am is encouraging and empowering.



Student

- Schools anywhere can participate in the event through the live webcast which will be broadcast in real-time.
- Schools and organisations need only an internet connection (ADSL 2 or better), projector and screen, audio system and a room to accommodate your students.
- For Years 9-12, with some sessions suitable for lower years.

Zone	Student Program
VIC, NSW, TAS, ACT	9:00am - 2:00pm
QLD	8:00am - 1:00pm
SA	8:30am - 1:30pm
WA	6:00am - 11:00am
NT	7:30am - 12:30pm
NZ	11:00am - 4:00pm

A great day. Comments from my students suggest they are thinking about these topics more deeply than before.



Teacher

YES! PLEASE REGISTER MY SCHOOL!

Title:	Name:	Surname:	Profession:		
School/Organisation:					
No. of Students ↓	State:	Postcode:	Mobile:		
Year 12:	Year 11:	Year 10:	Year 9:	Year 8:	Year 7:
Email:					



PO Box 500 Burwood NSW 1805

P: 1300 797 794 | F: 1300 797 792 | E: info@generationnext.com.au

www.generationnext.com.au

- ☐ LIVE WEBCAST PROGRAM A 8 March 2019
- ☐ LIVE WEBCAST PROGRAM B 15 March 2019
- ☐ BOTH WEBCASTS
- ☐ SYDNEY FACE-TO-FACE (Casula Powerhouse Arts Centre)