







Tips

Your Resumé needs to:

- Be clean, clear and typed
- Give a good impression in a short time
- Be concise
- Only include relevant information (no personal information)
- Focus on your best points and achievements
- Be well set out
- Include examples
- Be no longer than 2 typed A4 pages
- Be stored in a presentation folder

Ways to show POSITIVE body language

Remember...
Your body language
will always speak
louder than your
words!

Do not cross your arms

Give a firm handshake

Look the interviewer in the
eye and smile

Walk into the interview
confidently – upright stance

Maintain eye contact

Lean slightly forward to
convey interest

Sit up straight – don't slouch

