

the MENTAL HEALTH & WELLBEING of YOUNG PEOPLE 2019

Leading experts deliver up to date, authoritative information. A practically oriented, multi-disciplinary approach to common issues impacting the wellbeing of young people.

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ADELAIDE
Friday 26 July – 9.00am-5.00pm
ADELAIDE TOWN HALL

NOT-FOR-PROFIT
EDUCATIONAL SEMINAR
Earn education points!

EXCITING SPEAKERS • IMPORTANT ISSUES • THE LATEST RESEARCH • PRACTICAL STRATEGIES



Dr Jane Tracy
Medical Practitioner
Nurturing Resilience in Young People with Disability



Dr Gill Hicks AM MBE
Founder of M.A.D for Peace, Survivor London Terrorist Bombings 2005
From Trauma to Strength



Andrew Fuller
Psychologist
Conversations with Troubled Young People



Greg Gebhart
Office for the eSafety Commissioner
How the Internet is Affecting Youth Wellbeing



Dr Kristy Goodwin
Digital Wellness Expert
Managing Attention Span in the Age of Digital Distractions



Matt X
Preventing Violent Extremism Consultant
Choosing Not to Hate



Australian Poetry Slam Youth Poet performances
The Power of Words



David Wild
SA State Manager headspace in Schools Be You
Anxiety in Young People – Practical Support Strategies



Fiona McCallum
General Manager Good Grief
Helping Young People Through Family Separation

Who should attend?

Teachers, Principals, Parents, Student Welfare Officers, Social Workers, Youth Workers, Psychologists, Chaplains, Counsellors, Youth Organisations, Churches, School Leaders, Nurses, OT, Doctors, Pastoral Care, Police, Sporting Clubs

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Register for the event at bit.ly/2JqvSNi or with this QR code

