

the MENTAL HEALTH & WELLBEING of YOUNG PEOPLE 2016

Leading experts deliver up to date, authoritative information. A practically oriented, multi-disciplinary approach to common issues impacting the wellbeing of young people.



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SYDNEY

Friday 2 August – 9.00am-5.00pm
SYDNEY TOWN HALL

NOT-FOR-PROFIT
EDUCATIONAL
SEMINAR
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EXCITING SPEAKERS • IMPORTANT ISSUES • THE LATEST RESEARCH • PRACTICAL STRATEGIES



Dr Jane Tracy
Medical Practitioner
Nurturing Resilience in Young People with Disability



Dr Gill Hicks AM MBE
Founder of M.A.D for Peace,
Survivor London Terrorist Bombings 2005
From Trauma to Strength



Andrew Fuller
Psychologist
Conversations with Troubled Young People



Greg Gebhart
Office for the eSafety Commissioner
How the Internet is Affecting Youth Wellbeing



Paul Dillon
Educator, DARTA
Keeping Young People Safer at Music Festivals



Matt X
Preventing Violent Extremism Consultant
Choosing Not to Hate



Dr Kristy Goodwin
Digital Wellness Expert
Managing Attention Span in the Age of Digital Distractions



Andrew Lord
Senior Education Consultant
headspace in Schools Be You
Anxiety in Young People – Practical Support Strategies for School Communities



Fiona McCallum
General Manager
Good Grief
Helping Young People Through Family Separation

Who should attend?

Teachers, Principals, Parents, Student Welfare Officers, Social Workers, Youth Workers, Psychologists, Chaplains Counsellors, Youth Organisations, Churches, School Leaders, nurses, OT, Doctors, Police, Pastoral Care, Sporting clubs...



Australian Poetry Slam Youth Poet performances
The Power of Words

Register for the event at bit.ly/2Q3fLLf or with this QR code

