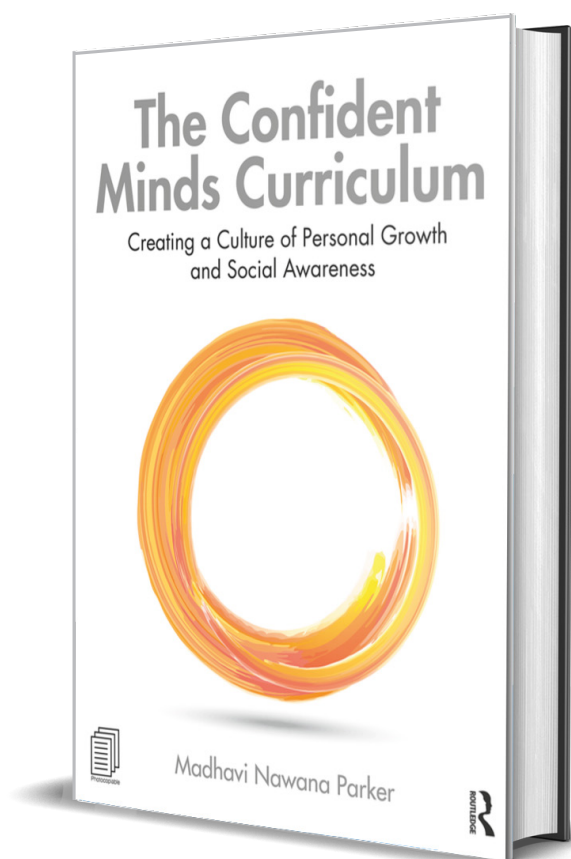


The New Book By Madhavi Nawana Parker!



The Confident Minds Curriculum

*Creating a Culture of Personal
Growth and Social Awareness*

By Madhavi Nawana Parker

Pub. October 2019



This book provides a simple and practical approach to culture change in schools, health care settings and organisations working with young people. Refraining from focusing solely on young people's growth, the curriculum provides logical and practical support to the people and systems in their environment to enable and maximise growth for positive and connected communities.

The Confident Minds Curriculum will appeal to teachers, educators and health professionals searching for a whole school or organisational approach to social emotional learning, well-being, compassion and personal growth. It is also an essential resource for homes where parents and carers can help further develop life skills that build character and optimism so their family can approach life with greater confidence.

www.positivemindsaustralia.com.au